

## Featured Co-Author, Dr. Colleen Georges

Every month the Life Carrots team selects a different featured co-author. This month we select Dr. Colleen Georges.

Colleen joined Life Carrots in late 2010 and has written several great mini-chapters for volume I. She is in the process of writing some mini-chapters for volume II as well. Read more below...

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About Colleen?  
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From as far back as she can remember, Dr. Colleen Georges felt a calling towards helping others. As a child and teen, this calling manifested itself in providing support, advice, or a shoulder to cry on for friends and family. As a young adult, it led Colleen to pursue an undergraduate degree in Psychology and to serve as a Therapeutic Assistant for teens in foster care encountering emotional and behavioral challenges. The emotional reward of serving as a confidant and mentor for these teenagers during a difficult time of their lives solidified Colleen's dedication to the helping professions and she subsequently entered a doctoral program in Counseling Psychology.

Over the last 14 years, Colleen has served in multiple roles that have allowed her to help others achieve their personal and professional goals. Colleen had an extensive career in higher education administration providing personal, academic, and career counseling to undergraduate and graduate students. Ultimately, she served as director for two federally-funded programs that promoted the academic and professional success of low-income, first-generation college students. Colleen also worked as a Psychotherapist for a non-profit organization for women in crisis.

Today, Colleen runs her own business, Colleen's Career Creations ([www.ColleensCareerCreations.com](http://www.ColleensCareerCreations.com)), where she provides career coaching and résumé writing services for clients across the career spectrum, and facilitates career development workshops for colleges, public libraries, and professional associations. She also teaches Women's & Gender Studies and Counseling Psychology courses at her two alma maters—Douglass College and the Rutgers University Graduate School of Education.

### CREDENTIALS

#### **Education:**

Doctorate in Counseling Psychology, Rutgers University  
Masters in Counseling Psychology, Rutgers University  
Bachelors in Psychology, Rutgers University

#### **Licensure & Certification:**

NJ Licensed Professional Counselor  
Certified Professional Résumé Writer, PARW/CC  
Certified Professional Career Coach, PARW/CC  
Certified JobsOver50/Boomer Authority Career Coach  
Certified Professional Life Coach, ICBCH  
Certified Professional NLP Practitioner, ICBCH

**Certificate Programs:**

Management Development Program, Rutgers University  
Business Supervisor Certificate, Rutgers University  
Supervisor Development Program, Rutgers University  
Leadership Development Certificate, Rutgers University  
Coaching & Mentoring Certificate, CCMS, INC.

**Publications:**

- Work featured in *Gallery of Best Resumes*, 5th Ed. (Editor: David F. Noble), August 2011
- Co-Author in *Life Carrots, No Matter What We Always Have Something to Look Forward to!*
- Co-Author in *101 Great Ways to Enhance Your Career* (Editors: David & Michelle Riklan), February 2011
- **[Author, Making Your Resume "Work" for You: Tips for Standing out Amongst the Competition, March 2009](#)**

**Media Interviews:**

- **[From Laid Off to Learning: Getting the News, January 2010](#)**
- **[Fab Job Guide to Become a Career Coach, December 2009](#)**
- **[Pitfalls to Avoid on Your Resume, September 2009](#)**
- **[Keep Internal Fire Burning, Trenton Times, March 2009](#)**